

WE SUPPORT

MAY 2013



The Meadows is honored to be a TRICARE Preferred Provider of behavioral health and substance abuse inpatient services with an emphasis on trauma, PTSD and addictive disease disorders to active duty military members, veterans and their dependents of the TRICARE West Region.

Our brave men and women in uniform have made a great sacrifice to serve our country. To express our support for their service, The Meadows is participating in Operation USO Care Package in honor of National Military Appreciation Month. For every \$25 donation made, the USO will send a care package of needed and requested items valued at \$75 to a deployed service man or woman.

How The Meadow will participate:

- For every inpatient admission to The Meadows during the month of May, we will send a donation of \$25 to Operation USO Care Package to sponsor a care package valued at \$75 in products to our troops in appreciation of their service.
- The Meadows' projected value of helping our service men and women is \$4,000 of needed supplies.

The Meadows is proud to support our troops!



800.244.4949 | www.themeadows.com or

www.themeadows.com/about/tricare-west-region-members/

1655 N. Tegner Street • Wickenburg, AZ 85390

The Meadows is a Level 1 Sub Acute Agency and accredited by The Joint Commission.



EXPERTS IN TRAUMA RECOVERY

For a long time, the term "recovery" was thought to relate to addiction alone. We now know that trauma affects everyone in different ways, and that it can have its own recovery. At The Meadows, we focus on recovery from trauma so military service members can move from a place of "It's me against the world" to "There are others like me" to "I'm part of the community again."

A HOLISTIC APPROACH TO TREATMENT

The Meadows believes in treating the whole person and achieves this through a multidimensional, integrated approach to treatment. Each patient receives an extensive evaluation, including a medical evaluation, psychiatric evaluation, psychological testing, nutritional assessment, and fitness assessment. Patients participate in a variety of therapies and activities to enrich their recovery, including EMDR, Somatic Experiencing®, expressive arts therapy, yoga, Tai Chi, equine assisted therapy, meditation, cognitive behavioral therapy, and other experiential techniques appropriate for their treatment plans.

FAMILY COMMITMENT

Family involvement is a critical part in The Meadows' treatment process and is a significant element in long-term recovery for patients. We dedicate a week of the treatment process to our Family Week Program. This week is specifically designed to assist patients and their family members in developing a healthy family system.